

INFORMATION SHEET FOR WHEREABOUTS

Effective from: 01.01.2021

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Key information for athletes belonging to a whereabouts pool and team administrators



Whereabouts Pool

The assignment to a whereabouts pool entails important obligations regarding Whereabouts Reporting and the Obligations of the TUE Pool.

Whereabouts reporting helps to ensure that athletes can be located at all times, and that testing can be planned efficiently. Whereabouts are recorded and updated by the athletes concerned themselves or, in the case of team sports, by the team administrator on behalf of the entire team. More information:

www.antidoping.ch/en/whereabouts-pools



Whereabouts Reporting

Quarterly Plans

Whereabouts information must be submitted four times a year, covering the next quarter in full. The following binding deadlines apply:

- December 15
- March 15
- June 15
- September 15

All short-term changes of plan or additional information must be updated immediately.

Submitting Whereabouts

Whereabouts must be recorded and updated via the «[Whereabouts Website](#)» (for athletes), via «[Team Whereabouts](#)» (for Team Sport I and II), or by publication via website or by e-mail to whereabouts@antidoping.ch (for Team Sports III).

Some International Sports Federations require that athletes and teams give their whereabouts using the WADA system [ADAMS](#). These athletes or teams do not have to submit their details to Antidoping Switzerland additionally via Simon.

Whereabouts are sensitive information, which should be protected against third-party access. Athletes and team administrators should thus choose their account password with appropriate care, protect it well, and change it regularly.

Whereabouts Failure

Imprecise, incomplete, and out-of-date information, as well as a failure to submit it on time, can be sanctioned. More information:
www.antidoping.ch/en/whereabouts



Whereabouts Requirements for Athletes

- Home address or temporary accommodation (for every day without exception!)
- Workplace and Education
- Training sessions and training camps
- Competitions
- Other regular activities (i.e. physiotherapy) and Trips of 2 hours or more
- *Additionally, for NRTD athletes only: A daily 60-minute time slot between 5.00 am and 11.00 pm, during which athletes must be present at the specified location.*

Important Notes

If no information is given for a specific day, Antidoping Switzerland will assume that the athlete is essentially at his/her principal home address. Brief absences do not have to be entered. These cover daily food shopping trips, for example.

Caution: Actual whereabouts must be entered quarterly and then submitted to Antidoping Switzerland. NB: the quarterly details will only be sent to Antidoping Switzerland when completed using the red 'Submit' command in the top right of the calendar view.

Five days before the deadline, athletes will receive a reminder from the noreply@antidoping.ch email address.

As the information will subsequently be used for other purposes, the initial entries should be as detailed and complete as possible.

However, any later spontaneous changes of plan can and must be entered at any time. These changes will be automatically saved in the calendar.

Athletes are required to immediately report any technical failures or problems encountered with the website, or respond to reminders etc.

Tips

Don't know at the start of the quarter where you will be staying in 2 months' time? We wouldn't expect you to. Simply enter your residential address and usual training sessions and update the information when you know more.

If you are unable to provide specific time details for an activity (e.g. due to weather-dependent training planning), simply enter the approximate training times so that our control staff are not looking for no reason.

The more information you are able to provide for individual activities, the more likely it is that your next doping test will be carried out quickly and discretely.

If you are unsure as to whether or not you need to report a specific activity, it is essentially best to adopt the approach: 'The more information the better'.



Whereabouts Requirements for Teams

Team Sports I

- Date and time of squad sessions
- Location of any squad sessions incl. overnight and training addresses
- Documents such as nominations, daily/training programs, any deviations from training programs on the part of individual team members

Team Sports II

- Training locations with exact address
- Training days and times
- Temporary stays (e.g. training camps) with exact overnight and training addresses
- Documents such as weekly/training programs, nominations, any deviations from training programs on the part of individual team members

Team Sports III

For Clubs

- Training locations with exact address
- Training days and times

For National Teams

- Date and time of squad sessions
- Location of any squad sessions incl. overnight and training addresses
- Documents such as nominations, day/training programs



Retirement from elite sport

When an athlete withdraws from top-class sport, Antidoping Switzerland must be informed in writing using the '[Retirement form](#)' in order to release the athlete from the obligation to report his/her whereabouts.



Therapeutic Use Exemptions (TUE)

All athletes assigned to a Whereabouts pool are automatically part of the [TUE pool](#). If for health reasons the use of prohibited substance or use a prohibited method, as specified by the Prohibited List is necessary, a prospective therapeutic use exemption TUE must be obtained. More information: www.antidoping.ch/en/tue



Help and Support

If you have any questions or require further clarification about reporting whereabouts, please contact:

[Testing & Whereabouts](#)
whereabouts@antidoping.ch
+41 31 550 21 21